

Twice Cooked Corned Beef

1 2 1/2 to 3 pound corned beef
3 tablespoons Zatarain's Concentrated Shrimp & Crab Boil (liquid)
3 bay leaves
2 garlic cloves, peeled and smashed
1 teaspoon Kosher salt
1 teaspoon black peppercorns
1/4 cup Creole mustard
1/4 cup brown sugar
1/4 cup pure cane syrup

Remove corned beef from packaging. Drain liquid and discard seasoning packet. Place corned beef in a large stock pot or Dutch oven. Cover with water. Add crab boil, bay leaves, garlic, salt and peppercorns; bring to a boil. Reduce heat to low, cover pot and simmer until tender, approximately 2 1/2 hours. Drain meat; remove and discard fat. Preheat oven to 350 degrees. Place corned beef in a large baking dish coated with cooking spray. In a small bowl, combine the Creole mustard, brown sugar and cane syrup. Pour Creole mustard mixture over corned beef. Cover tightly with aluminum foil. Bake for 1 hour. Allow corned beef to sit for 10 minutes before slicing. Slice and serve and pan sauce ladled on top. *Serves 4-6.*